



## Let 4-H make a difference in your life!

Central State University Extension (CSUE) 4-H Youth Development offers young people between the ages of 5 to 19 programs that empower youth to reach their full potential by working in partnership with caring adults.

CSU Extension 4-H programs promote skills in the following areas:

- Citizenship
- Healthy living
- Leadership
- Volunteerism
- Critical thinking

CSUE 4-H signature programs include:

- Discovery Day Camp
- Seed To Bloom Ag-STEM Institute
- Research and Extension Apprenticeship Program (REAP)

## CSU Extension 4-H Youth Development Program

To learn more about how to implement a 4-H youth development program in your area, contact:

**Dr. Prosper Doamekpor**  
Ohio 4-H Program Leader

[pdoamekpor@CentralState.edu](mailto:pdoamekpor@CentralState.edu)

937.376.6099

*Our programs are free to all.*



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## Creating Youth Pathways to Success

### 4-H Youth Development



Engaging Communities  
& Transforming Lives



**EXTENSION**  
1890 LAND-GRANT INSTITUTION

## Empowering Youth Through 4-H

Central State University Extension (CSUE) 4-H provides positive youth development programs for youth K to 12 and creates a pathway for Ohio youth to grow and bloom into responsible citizens and caring adults. *Signature programs include after-school programs and summer camps:*

**4-H S.T.E.A.M Youth Development—In-School & After-School Program: (Grades 6 to 8)** Fosters positive youth development that is based on the needs and strengths of youth, their families, and communities.

**Discovery Day Camp: (K to Grade 5)** Introduces kids to science and agriculture with fun activities.

**Seed To Bloom Ag-STEM Institute/Camp: (Grades 6 to 8)** Addresses the importance of agriculture and the role it plays to provide food and fiber.

**Research and Extension Apprentice Program (REAP)/Camp: (Grades 9 to 12)** Engages youth by sharing the latest technological advances in agriculture, life sciences, family and consumer science and human development.

*4-H participants are ....*

*4X more likely to give back to their communities; 2X more likely to make healthier choices; and 2X more likely to participate in STEAM activities.*

*(National 4-H Council)*

## CSUE 4-H Program Benefits

- Have fun
- Meet new people
- Learn and do new things
- Gain life skills
- Build self-confidence
- Practice responsibility
- Set and achieve goals
- Develop leadership skills
- Receive recognition for efforts/accomplishments

***Adult 4-H volunteers may serve as club or project leaders, as well as sit on committees or boards.***

## Program Details

- Programs are open to all youth and help develop knowledge, skills, and attitudes that will enable them to become productive and contributing members of society.
- As Ohio's only 1890 Land-Grant University, Central State University Extension (CSUE) provides positive youth development expertise and resources in research and evaluation, professional development, learning, and engagement.
- CSUE will work with schools, community organizations, youth associations and more to offer clubs, summer camps, and individualized programming to meet their needs.

