

## NEWS RELEASE

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For Immediate Release

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Central State University Extension hosts Fish Filleting Workshop and 2021 Fish Harvest

**Wilberforce, Ohio---**Learn how to fillet fish during an interactive demonstration and take home freshly harvested tilapia at the 2021 Central State University Extension (CSUE) Aquaponics Workshop held 10 a.m., to noon, Saturday, Dec. 4, at the CSUE Aquaponics Demonstration Facility.

The demonstration facility is located next to the CSU Water Tower on US 42 E, Wilberforce.

Tilapia will be harvested from the aquaponics system as participants learn to fillet fish as well as safe food handling techniques to create a sanitary fish processing area for an aquaponics system.

Speakers will include Dr. Robert Korir, Assistant Professor, Food Science, Central State University, and Don Jones, Kingdom Fish, Rushsylvania.

Participants are encouraged to bring a cooler with ice to take tilapia home for their own use.

The CSU Aquaponics Demonstration Center offers several demonstrations of different growing systems and produces both tilapia and a wide variety of greens, herbs and small vegetables during the growing season.

"Aquaponics is a closed loop system that combines conventional aquaculture (the raising of aquatic animals such as snails, fish, crayfish or prawns in tanks) with hydroponics (cultivating plants in water) in a mutually symbiotic environment. The aquaponics system utilizes the waste of one element for the benefit of another other. In this case, the waste produced by the fish benefits the growing plants," says CSUE Program Leader for Agricultural and Natural Resources Dr. Cindy Folck.

The field day is free to all participants and funded by a NIFA/USDA grant.

For more information, contact CSUE Agriculture and Natural Resources Program Leader Dr. Alcinda (Cindy) Folck at <a href="mailto:afolck@CentralState.edu">afolck@CentralState.edu</a> or (937) 376-6101.

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## Cutlines:

Tilapia have been grown all summer at the CSU Aquaponics Demonstration Center --- along with a variety greens, herbs and small vegetables.

**About Central State University:** Central State University, located in Wilberforce, Ohio, is a regionally accredited 1890 Land-Grant University with a 134-year tradition of preparing students from diverse backgrounds and experiences for

leadership, research and service. The University, which has been named HBCU of the Year by HBCU Digest, fosters academic excellence within a nurturing environment and provides a strong liberal arts foundation and STEM-Ag curriculum leading to professional careers and advanced studies globally.

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