Springtime is Planning Time at Title III!

Spring Finds Title III Preparing for the Future

We are now half way through the Title III grant year, and already it is time to plan for the 2008-2009 grant. Our “New Year’s Day” is October 1, which will be here before we know it. All Activity Directors are preparing to take their projects into the future by assessing their current programs, identifying strengths and weaknesses, and planning for any adjustments. The President and other University leaders are establishing funding priorities, and the Title III Office is gearing up to follow Department of Education guidelines and deadlines. In the coming year, Central State will take advantage of the College Cost Reduction and Access Act (CCRAA) of 2007. This legislation provides for a two-year infusion of Title III funds that will allow us to access funding for specified projects. So in addition to preparing our regular grant submission, planning is underway to determine how to best leverage this additional resource on behalf of the University. More details will be provided in future webletters.

Our current issue features an update on Activity 8 of the 2007-2008 grant, Strengthening Academic Success through Counseling Services. Activity Director Mr. Frank Porter and his staff have been hard at work serving the mental health needs of the CSU student population. This is an important aspect of the college experience that is often overlooked but is absolutely vital to student success.

We hope you enjoy the beauty and renewal of Spring—and this latest issue of Title III Quarterly!

Jocelyn Robinson
Director, Title III
Counseling Services: Caring is Key

Mr. Frank Porter
Activity Director, Counseling Services

Highlights of Spring Semester Activities
The Counseling Center is staffed with two full time males and one part time female Mental Health Professional. Also included in the Counseling Center is a full-time Mental Health Professional-Disabilities Services Coordinator. During spring 2008 semester, the Counseling Center announced the weekly Alcohol and other Drugs Educational Groups facilitated by part-time counselor Mrs. Diane Elder who is a Certified Chemical Dependency Counselor. Flyers were placed throughout the campus community announcing the group sessions. In addition to the Alcohol and Other Drugs group, the Counseling Center continue to offer lectures and presentations in resident halls and in class rooms on various psycho-educational topics. The number of lectures and presentations offered were 31 with 359 students in attendance. During spring semester, there were 246 office visits by students and of this number, 51 students were referred from residence hall staff, Dean of Students and instructors together. The Counseling Center takes pride in striving to meet the counseling needs of all students that reach out for help. We make an effort to provide information to students that will help to prevent mental health and academic problems and ways to cope with situations that are sometimes not preventable.

The Counseling Center is extremely grateful to the Dean of Students, Hall Coordinators, Professors and students that made referrals and informed us of students that needed help but were reluctant to come in. Your ongoing support is vital to the prevention and intervention of mental health wellness for the strengthening of academic success through counseling services.

Central State
University
Counseling Center
Located in the
Lackey- Lee Building
For information or for an appointment
Contact:
Mr. Victor Adegbola, M.Ed., LSW
at (937) 376-6171
or
Mr. Frank Porter, MS., LPC
at (937) 376-6649

“Care provides a conduit for our spirits expressions in the midst of our social existence. The more we truly care, the more we’ll come to know ourselves and others. Care provides the key to unlocking our potential and making it real.”

~ Doc Childre & Howard Martin
Central State University Counseling Center

Free Confidential Services

- Reduce Stress & Test Anxiety
- Suicide Prevention
- Alcohol & Drugs Counseling
- Individual & Group Counseling
- Couples Counseling
- Counseling for Depression
- Crisis Counseling
- Academic Counseling
- Anger Management
- Psycho-educational Lectures

For Appointments
Call:
(937) 376-6649
(937) 376-6171
Walk-ins are Welcome

Funded by Title III Grants Program

Located in the Lackey-Lee Building - Student Health Center

Poster Designed by Mr. Randy Nance

TITLE III... Strengthening Institutions of Higher Education
Central State University is offering the Music Mentor Program for students.

**MUSIC MENTORS PROGRAM**

Music Mentors provide free one-on-one applied music lessons for members of the Miami Valley community.

The faculty is comprised of Student Mentors who have been nominated by their applied teacher and come with high recommendation. Faculty Mentors hail from Central State University’s internationally renowned Music Department.

Lessons are held on Central State’s main campus in Wilberforce, Ohio in the Paul Robeson Cultural and Performing Arts Center. Scheduling lesson times are at the discretion of each teacher and in conjunction with the academic school year.

**Students will learn:**
- Fundamental music theory
- How to read music
- Repertoire according to each student's skill level

Students **must** have an instrument to practice on at home.

The program director of Music Mentors is Dr. Jennifer Cruz, assistant professor of Piano and Music Theory at Central State University. She received her Bachelor’s degree from Indiana University-South Bend, Master’s Degree from Manhasset School of Music, and Doctorate from University of Cincinnati, College-Conservatory of Music. Dr. Cruz says, "The program goal is to provide free music instruction to empower the community and instill basic skills that can aid students in their academic learning."

**Registration is limited.** To apply visit our website: www.centralesate.edu and click on NewsCentral – open the Music Mentors Program icon. For questions, email musicmentors@centralesate.edu or call 937-376-6024.

Offering lessons in **PIANO, PERCUSSION, VOICE, BASS, GUITAR, and BRASS!**
Music Mentors is a Central State University program that provides free music lessons for anyone in the Miami Valley community. On Saturday, April 26th, we celebrated a 16 week musical journey. From the wee to the wise, fifty-two participants in the program performed repertoire studied over the Spring 2008 session. Starting in the Fall of 2008, we will expand our offerings to include private lessons in piano, voice, brass, percussion, bass, guitar, and clarinet. Additionally, we offer group piano lessons, a music theory class, and a percussion ensemble. Registration opened Saturday, April 26th. Lessons begin August 23rd, 2008 and will culminate with a winter recital on December 6th, 2008. There is a mandatory orientation meeting for parents and students at 7:00 p.m., August 21st. We look forward to the next session and hope to see you there. If you have any questions, please don’t hesitate to e-mail me at musicmentors@centralstate.edu

Dr. Jenny Cruz
Music Mentors
Program Coordinator

Central State University
Title III
Smith Hall, Room 134A
1400 Brush Row Rd.
Wilberforce, Ohio 45384